

Today's Safe Homes Menu A Memo From Your Child

Set Limits for me.....

I know quite well I ought not to have all I ask for. I am only testing you.

Be firm with me.....

I prefer it. It lets me know where I stand.

Lead me rather than force me.....

Forcing me teaches me that power is all that counts. I will respond better to being led.

Be consistent.....

Inconsistency confuses me and makes me try harder to get away with things. Make promises you will be able to keep.

Keep calm when I say, "I hate you".....

I don't mean it, I just want you to feel sorry for what you have done to me.

Help me feel big rather than small.....

I will make up for feeling small by behaving like a "big shot."

Let me do that things I can do for myself.....

Otherwise, I will feel like a baby, and I may continue to act out.

Correct me in private.....

I'll take much more notice if you talk quietly with me in private rather than with other people present.

Discuss my behavior when the conflict has subsided.....

In the heat of conflict, my hearing is not very good and my cooperation is even worse. It is alright for you to take the action required, but let's not talk about it until later.

Talk with me rather than preach to me.....

You'd be surprised how well I know what's right and wrong.

Help me feel that my mistakes are not flaws.....

I have to learn to make mistakes without feeling that I am no good.

Talk firmly without nagging.....

If you nag, I shall protect myself by appearing deaf.

Let my wrong behavior go without explanations.....

I really don't know why I did it.



Keep Talking!!