

Downingtown Area – Communities That Care

Prevention Partners Meeting

Tuesday, January 19, 12:30-1:30 pm – DASD Central Office

Attendees: Libby Egnaczyk (Community Mobilizer), Cynthia Black (CTC President/Parent), Stephanie Winegar (CTC Secretary/parent), Paul Short (Strengthening Families/COAD), Sienna McKinley (Wellness Champions), Casey Jones (Transformation Initiative), Tina Forsythe (DASD), Celeste Alfieri (A Child's Place), Kathy Collier (CC Drug & Alcohol), Katie Holton (CVC), Olivia Houston (DASD/DMS), Laura Obenski (CC AVOID), Chrissie Dziembowski (Holcomb), Roslyn Roberts (DCD), Judy Haupt (LATO), Jane Bertone (DASD), Karen Newman (HOOD)

Welcome & Introductions:

Great turnout today. Nice to see so many familiar faces and a few new ones. Thank you for caring about our youth.

Approval of November 2015 Minutes:

Chrissie made motion to approve and Judy seconded. The motion to approve November's minutes passed unanimously.

Approval of December 2015 Minutes:

Celeste made motion to approve and Tina seconded. The motion to approve December's minutes passed unanimously.

Community Announcements:

- Sienna announced that Bradford Heights Elementary is holding a Shadow Run/Wellness Fair supporting Muscular Dystrophy January 30, 9-11 a.m. at BH – she mentioned that 2 students at BH have MD. In addition, Friday, Feb. 26 there is a Chamber Movers and Shakers event for members of the ECOC at the Helicopter Museum. CTC plans to attend. (this event is for non-profits).
- Cynthia informed the group that on March 2 from 6-9 PM at Phoenixville Middle School, former NBA player Chris Herron will be speaking to the parents/students of the Phoenixville/Great Valley communities on his battle with addiction. This presentation will be open to the public, space will be limited. On March 3, Chris will speak to Phoenixville HS students at the Middle School from 10:30 am – 12 noon. This event will

not be open to the public. We believe he also will be speaking to Great Valley HS students during his trip, GVHS would not comment on scheduled date.

- Judy shared that January is human trafficking awareness month and on April 1 there is a conference open to the public at Temple University.
- Laura, Katie and Libby have been presenting a DUI curriculum/program (with the beer Goggles) to DEHS's Driver's Education students – and have had great student and police feedback. They are working on presenting to DWHS next. Contact Laura if you have a youth group interested in the presentation. CC AVOIDS next regular meeting will be on February 8 at 7:30 pm at the West Whiteland Township Building. Stop by to see what they have been up to
- Casey provided fliers on upcoming programs at Calvary Fellowship. On January 27, 6:30-8:00 a free seminar to Help Grieving Children. Also, on Mondays 7-9 p.m. Calvary hosts Care Mondays with many programs
- Karen Newman shared info on The Hood – a partnership for youth employment for 16-24 year olds who need a GED or skills to get a job.
- Paul is the new Strengthening Families coordinator for Holcomb and the next program January 26- March 8 at Beaver Creek Elementary and 17 families are registered, room for 25. If any high school seniors need volunteer hours, Holcomb is in need of babysitters for younger siblings in the program.
- Chrissie shared Holcomb is looking for 35 organizations/schools to post the new monthly Stall Stories – a one-page color flier to be posted in break areas, guidance offices, bathrooms etc. January's topic was "Lock Your Meds". Email Chrissie if you'd like to receive the monthly flier. (January flyer attached)

Board of Advisors Update (Cynthia):

Received several monetary donations from the December appeal letter – and are planning on another appeal in April – we continue to update our mailing list based on returned letters, etc. Historically, the CTC has never facilitated a fundraiser, however, we are looking to plan not only a really fun spring fundraiser, but also a fall fundraiser as well. More to come on this topic.

Community Action Plan Update (Libby):

We are at the mid-year mark of our two-year action plan and off to a fast start!

Engaging youth: Media Literacy at MC6GC in discussions and trying to get programs at LMS and DMS. Project Sticker Shock – DWHS had 20 kid's sticker all of Lionville Beverage last month! They even made the Community Courier! DEHS plans a PWH/Sticker Shock event just before junior prom. So nice to see such an increase of student interest – Great Clips on Eagleview Blvd. donated ½ price haircut coupons to the kids for participating. We truly thank your community partners!

Engaging parents: Safe Homes has held parent seminars regarding stress and is putting out great monthly fliers for our families. Strengthening Families is starting their winter session after a successful fall program.

Engaging community: Board of Advisors is reaching out to community leaders/businesses, spreading the word of CTC.

Guest Speaker:

Dr. Russ Cooperstein – Chiropractor and Wellness Champion on Drug-Free Solutions to Sleep Deprivation. Informed the group how to take a holistic approach to health. Wellness Champions is national non-profit organization and Dr. Cooperstein is a local champion in the Downingtown Area.

Next Meeting

- Tuesday, February 16, 2016 ~ 12:30-1:30 pm ~ location TBD